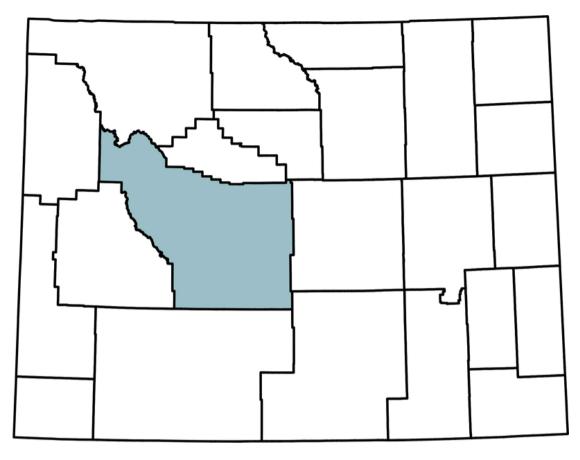
# LANDER FREE MEDICAL CLINIC ANNUAL REPORT





## **CARING FOR FREMONT COUNTY**

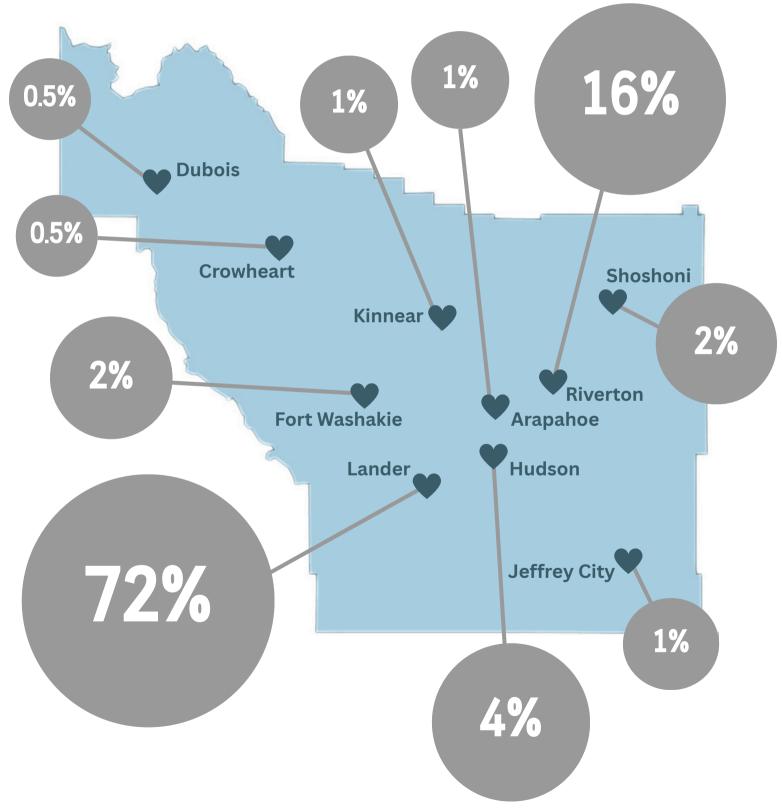
Of the 39,741 people living in Fremont County, 13.5% live below the federal poverty level-that's roughly one in every seven residents. Nearly 20% of county residents under age 65 are uninsured, making access to healthcare a serious challenge<sup>1</sup>. For many in our community, this means preventable diseases go unchecked, acute medical needs go unmet, and chronic illnesses go unmanaged. Medical bills pile up unpaid, and the ER becomes the only place people can turn to for care, placing undue stress on already overburdened rural emergency services.

In response to this urgent need, Lander Free Medical Clinic was established to provide free primary healthcare and wraparound services to low-income, uninsured residents of Fremont County. Since opening our doors in February 2023, our staff and team of volunteer providers has served 213 patients from across the county.

<sup>1.</sup> QuickFacts: Fremont County, Wyoming. Census Bureau QuickFacts. Published 2024. Accessed April 5, 2025. https://www.census.gov/quickfacts/fact/table/fremontcountywyoming/PST045224#PST045224

## TO LANDER... AND BEYOND.

LFMC serves over 200 patients from across Fremont County! Here's a quick breakdown of where our patients live:



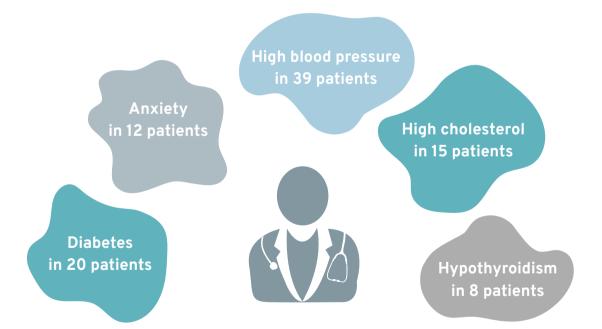
#### WHAT DOES A HEALTHIER FREMONT COUNTY LOOK LIKE TO YOU?

To us at Lander Free Medical Clinic, it looks like families spending more time together. It looks like less hospital stays, more effective working days, and a community that joins even closer together when we're all feeling better.

This is how we get that done.

#### DIAGNOSING

Here's a snapshot of a few common ailments that our volunteer providers have diagnosed and treated in our patients:



What would've happened if these folks hadn't been diagnosed and treated by the clinic? Unfortunately, when our neighbors go without health care due to financial barriers, it's a gamble taken on their life. Untreated high blood pressure can lead to stroke, organ failure and death. Untreated diabetes can result in nerve damage, kidney disease and limb loss.

### WHOLE HEALTH APPROACH

Every patient has a different story, and different needs. In order to care for the whole person, each patient completes the AAFP Social Needs Screening tool in-clinic. This highlights needs regarding food, housing, utilities, safety and more. Following a whole health approach, we've prevented a handful of patients from becoming homeless, and have helped several unhoused neighbors obtain housing by partnering with Almost Home and First Stop Help Center. In addition, we've provided over 50 gas cards and over 30 Lander Senior Bus passes to patients that needed assistance making it to specialty appointments, lab draws, and more.



### **PARTNERS IN PREVENTION & CARE**

Connecting patients with available state and local resources is a key aspect of our intake process. Here are a few of the programs that we routinely utilize:

- Wyoming Cancer Screening Program free mammograms, pap smears, & colonoscopies!
- Wyoming Medication Donation Program cuts costs of expensive chronic medications
- Wyoming Quit Tobacco for those ready to quit smoking/vaping
- Fremont County Public Health a great resource for lowcost vaccinations and STI screenings
- SNAP, Lander Care & Share Food Bank, Methodist Food Pantry - for those experiencing food insecurity

Together, we work to keep our neighbors healthy, housed, fed, and secure!

## 2024 BY THE NUMBERS...

700+

documented patient encounters



### \$122,000 in billable visits provided to our

patients free of charge



## \$117,800

in labs & imaging services provided through our partnerships with Lander Medical Clinic and SageWest for only \$12,400-a savings of nearly 90%!



1,400+ volunteer hours



## \$32,800

in prescription medications provided, obtained by the clinic for \$18,250 thanks to our partnerships with local pharmacies, Direct Relief, and Americares



**23** community partners who provide discounted or at-cost services for our patients

## SURVEY SAYS...

If there had <u>not</u> been available appointments at LFMC:

 25% of patients say they would have gone to the emergency room



 60% of patients say they <u>would not have</u> <u>gone anywhere</u> for care



LFMC ANNUAL REPORT 2024

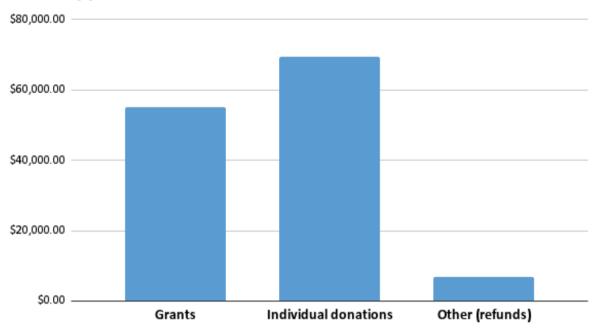
## "I feel like this is such a great place. The level of care is excellent and I feel like you genuinely care about me and want to help me."

## "Always receive excellent care here. Grateful for you all!"

"Never met nicer people. The most caring and awesome. ★★★★★. Thank you so much."

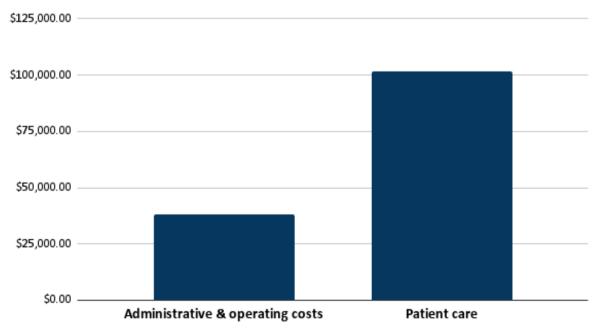
-Real patient testimonials shared in 2024

### **2024 SUPPORT & EXPENSES OVERVIEW**

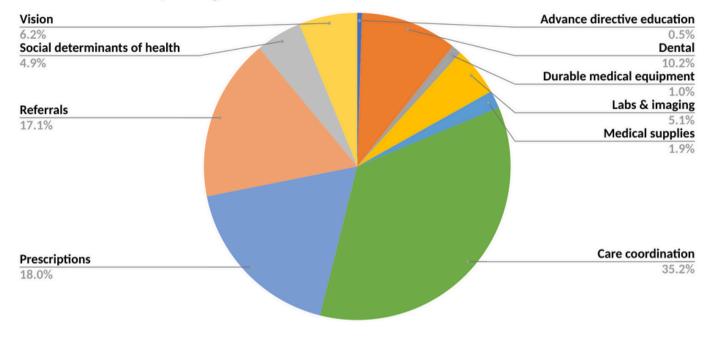


#### 2024 Support Overview

#### 2024 Expenses Overview



#### LFMC ANNUAL REPORT 2024



#### 2024 Patient Care Spending

Many clinic costs are cut to \$0 thanks to generous support from our community! Rent and utilities are provided to us free of charge by Trinity Episcopal Church in Lander. Our volunteer providers are also a monumental source of support. Without their contributions, nearly 100% of our budget would have gone to patient visits alone. Additionally, in partnership with local organizations, costs for labs, imaging, and specialty care provided to our patients are discounted substantially.

## \$1,500

to cover the total annual cost of care for the average patient

to provide a patient with limited advanced imaging services

\$500



to pay for one month of insulin for a diabetic patient



to pay for a patient's prescription medications for one month

\$50

to supply a patient with a blood pressure cuff for athome monitoring

EVERY DOLLAR HELPS PATIENTS TAKE STEPS TO IMPROVE THEIR HEALTH

rane you...

To all of our volunteers, donors, and partners: we want to extend our sincerest thanks. You have not only contributed time, money, and expertise in support of our mission, you have contributed hope. Your support helps people get the care they need, allowing them to heal, return to work, spend quality time with their loved ones, and continue to take part in the community that we all call home.

Thank you to... our volunteer providers: Dr. Brian Gee, MD, Dr. Garth Reber, DO, Dr. Elizabeth Marshall, MD, Dr. Angus McAlpin, MD, Dr. Heather Judkins, DNP, Kristy Cardinal, FNP, Chris Parrish, FNP, Tony Leonard, FNP, Mia Barreda, PA, Julia Fairbank, PA-C, Joe Farrell, PA-C, Linette Johnson, RN; our volunteer allied health professionals: Dr. Erin Terry, DPT, Robin Larson, RN, Tiffany Sanders, RN, Kevin Wilson, RN, Audrey Zanetti, NCPT; Lay volunteers: Anne Koening, Maya Macdonald, Liz Lightner; community and statewide partners: Main Street Dental, Oak Haven Dental, Safeway Pharmacy, Palace Pharmacy, Pioneer Pharmacy, Fremont County Public Health, Wyoming Cardiopulmonary, Wyoming Gastroenterology, Central Wyoming Urological Associates, St. John's Health, Lander Medical Clinic, SageWest Healthcare, Casper Medical Imaging, Central Wyoming Skin Clinic, Converse County Memorial Hospital, Dr. Eric Schubert, Dr. LaGreca, Banner Wyoming Medical Center, Community Health Centers of Central Wyoming, Lander Vision Center, Lander Women's Care, Teton Oral Maxillofacial Surgery, Fremont Counseling Service, Wyoming Department of Health, Main Street Chiropractic, Teton Therapy, Fremont Therapy Group, Dentures and Dental Care of Lander, Mountain Pearl Wellness, Colorado Health Network, Fremont Orthopedics; social, human services, businesses, and nonprofit organizations that have helped our patients: Dave Brinda, CPA, LOR Foundation, Foundation for the Episcopal Church in Wyoming, First Stop Help Center, Almost Home Wyoming, Lander Senior Center, Lander Care and Share Food Bank, Direct Relief International, NAFC, Volunteers in Medicine, Husch Blackwell Law Firm, Holland Hart Law Firm, Trust Law, Legal Aid of Wyoming, Athena Health, Practice Fusion, Radio Shack, Henry Schein, Department of Family Services, Fremont County Public Health, Lander Community Foundation, Wyoming Department of Workforce Services, Wyoming Department of Health, Lifeline Program, Wyoming Aging and Disability Resource Center, Immigrant Hope, ServeWyoming, AmeriCorps; (continued on next page)

grant funders: LOR Foundation, Trinity Episcopal Church, Black Hills Energy, Charles W. McMakin Charitable Foundation, Gemmer Foundation, Wyoming Community Foundation, Walmart Foundation, Foundation for the Episcopal Church in Wyoming, Community Service Block Grants, First Interstate Bank Foundation, Henry E. Niles Foundation, Agents for Social Change Foundation; donors: Shawn Smith, Tom & Carvn Throop, Kevin Wilson, Carol & Bruce Campbell, Mary Absolon, Shannon Horton, Christine Lichtenfels, Betsy & Ken Richardson, Kate Roberts, Loriann Crump, Louise & Jonathan Fairbank, Virginia Purdum, Karen Wendt, Gary & Pam Wolfe, Perry Cook, Arlen & Staci Lancaster, Mary Anne Rau, Natalie Saathoff, Beverly Swistowicz, Darla Newell, Nancy Debevoise, Sandy Mossbrook, Joel & Robin Otto, Steve Tarter & Shanna Platz, Cynthia & Chris Russell, Laurence Edward Wilson, Annie & Garth Reber, Celina Matthews Hudson, Joe Frost, John & Stephanie Gans, Mark & Rita Peterson, Shannon & Rick Rochelle, Tod & Betsy Schimelpfenig, Gloria Stuble, Mark & Susannah, Watkins James O'Donnell, Bill & Jill Calder, Fairbank & Levy, Carolyn & Phil Gilbertson, Renee H Kniola, Linda Lindsey, Eric & Sandy Martinez, Roberta Palmer, Susan Pearson, Carol & Ron Smith, Stacy Stebner, William Webster, Margo Taft Stever, Jeremy & Sarah Wilzbacher, Ariella Welsh, Craig Bromley, Dick & Julie Lefevre, Don & Judy Legerski, Nan Slingerland, Pat & Lynn McNeal, Mark Roy & Rachel Price, Regina Mark, Karen & Steve Matson, Jeanette & Lowell Woodard, John Burrows, Kara Colovich & Kurt Imhoff, Eva Crane, Scott & Teddi Harnsberger, George & Paula Hunker, Kristy & Mike Jones, Carolyn Orr, Tom & Perry Rogers, Marjane Ambler, Susan & Rich Brame, Cale & Shirley Case, Lorrie & Ken Pozarik, Robert Spengler, Rick & Jeni Vander Voet, Chris Young, Sydney Hartsock, Jill Moeller, Gary Blackwelder, Gina Colovich, Judy & Mark Crawford, Debby Johnson, Courtney Larson, Izzy Marshall, James & Vicki Neldon, Mark & Mary Sanderson, Robert & Bernie Sewell, Maggie Viani, Julia Willoughby, Nancy Aranow, Finn & Brit Richards, The Lightner Sams Foundation of Wyoming, Missy White, Jennifer Wilson, Briana Brower, Norm & Sue Cessna, Hillary Dobos, Gold Bison Foundation, Marco Johnson, Laura Koch, Jean & Cory Lamblin, Andrew & Joelle Titus, Liz Tuohy, Becky Crane, Joanne Orr & William Boycott, Jim & Susan Butts, Linda Hudson, Charles Kratz & Lora Davidson, Lander Church of Christ, John Likins, Joseph & Andrea Quiroz, Annette Withington, Michelle & Scott Escudero, Alan Frost, Cynthia & Jeremy Newman, St. David's Episcopal Church, Faith Lutheran Church, Mike & Makayla Dabich, Lisa Hillmer, Josephine Ninns, Jordan Cranch, Ellie Piper, Sarah Burlingame, Molly Selley, all of our anonymous donors, and anyone who has helped the clinic in any way!

#### CONTACT

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